

CAMPUS NAME: _____

WATCH Award Campus Wellness Committee Survey

WATCH Wellness Liaison: Have the chair with your Campus Wellness Committee complete this survey.

A. How old is your campus wellness committee?

- Brand New (First year)
- Just getting it together (1-2 years old)
- On the road (3-5 years old)
- We got this! (5+ years old)

B. Please list the chair of your campus wellness committee (name and title).

Name: _____ Title: _____

C. Who has been invited to join your committee? (Check all that apply.)

- | | | |
|--|---|---|
| <input type="checkbox"/> School Nurse | <input type="checkbox"/> Other Teacher(s) | <input type="checkbox"/> District Admin |
| <input type="checkbox"/> PE Teacher(s) | <input type="checkbox"/> Parent(s) | <input type="checkbox"/> Community Member(s) |
| <input type="checkbox"/> Health Teacher(s) | <input type="checkbox"/> Student(s) | <input type="checkbox"/> District SHAC Member(s)* |
| <input type="checkbox"/> Cafeteria Staff | <input type="checkbox"/> Campus Admin | |

*Want a district SHAC member to join your committee? Visit the FBISD [SHAC webpage](#) and nominate a parent representative by emailing Lori Sartain, Health and PE Coordinator at Lori.Sartain@fortbendisd.com.

Of those invited, how many attend the meetings?

- It's just the two of us! (1-2)
- Three's a crowd? (3-5)
- This many people like wellness?! (5-9)
- It's like a party in here! (10+)

D. How many times did your committee meet within the following time periods:

- 1st Nine Weeks (8/22/17-10/19/17): _____
- 2nd Nine Weeks (10/20/17-12/21/17): _____
- 3rd Nine Weeks (1/8/18-3/9/18): _____
- 4th Nine Weeks (3/19/18-5/31/18): _____

Future Planning: Consider having your first wellness committee meeting within the 1st nine weeks of the school year at WELLCON 2018.

E. Do you receive the WATCH newsletter for information on upcoming webinars, events, grant information and more?

- YES
- NO

If No, then join the WATCH school wellness blog at wellnessgeeksblog.wordpress.com.

F. Do you have social media for your Wellness Committee that WATCH could follow?

- Facebook: _____
- Twitter: _____
- Other: _____

CAMPUS NAME: _____

G. Is your campus ready to go the extra mile? We want to help you receive national recognition on the great things you are doing around school wellness. Healthier students do better academically! Are you measuring changes in attendance, disciplinary referrals, academic performance, nurse referrals, etc?

- YES
- NO

Would you be willing to share what you are doing and the data you have collected with WATCH?

- YES
- NO

H. Did your campus receive any wellness grants this school year?

- YES
- NO

If YES, please list name of grant and amount: _____

I. Did your campus partner with any of the local hospitals, physicians, dental providers to provide either direct services (like immunizations or screenings) or health awareness material?

- YES
- NO

J. If you started your campus wellness committee within the last 3-4 years, is there any advice you would give schools that have not started a wellness committee?

K. If you attended WELLCON 2017: A School Wellness Conference and Expo, did you use any of the information/vendors? Next year's theme is safety and risk prevention, do you have any suggestions for topics?

L. An updated wellness policy (FFA(LOCAL)) was approved in June 2017 by the Fort Bend ISD Board of Trustees. The new policy can be found on the [SHAC webpage](#). Does your committee have any recommendations to the district for improving general wellness in our district?

FOR HIGH SCHOOL ONLY

Does your campus wellness committee work with any of the student clubs or organizations at your campus to provide health awareness or promotion on your campus?

- YES
- NO

On other campuses?

- YES
- NO

Which student organization(s) do you work with? _____

Do you have any ideas to improve school wellness, nutrition, childhood obesity, physical activity for students in the district? For families?